

INSTRUCTION PAGE FOR REGISTRATION IN FROZEN DONOR PROGRAM

Welcome to Rainbow Flag Health Services. Below are detailed instructions on how to register and begin the process of purchasing frozen semen.

First, please check our Shipping page to see if we are able to ship into your state.

Second, download, complete and return to us the following three documents: **RECIPIENT PROFILE**, **PARTNER PROFILE** (if applicable) and the **CONTRACT FOR BUYING FROZEN SEMEN** (Agreement for Artificial Insemination and/or to Obtain Semen).

The **RECIPIENT PROFILE** should be filled out by you and your health practitioner. The first four pages are about your general and medical background. The **last three pages** need to be filled out by your doctor or nurse practitioner. Many doctors may not wish to run a particular test because they may not believe it is necessary, however **all tests on page seven MUST be completed**. The only two exceptions are toxoplasmosis and the last four tests, which are genetic screening tests. Toxoplasmosis is “suggested” but not required as noted. (If you own cats you should speak with your doctor about this.) The genetic screening must be done only if you are a member of that ethnic group:

- Alpha-thalassemia for Southeast Asians and Filipinos
- Beta-thalassemia for those of Mediterranean decent
- Sickle cell disease for Africans and African-Americans
- Tay-Sachs for Jews or those of Jewish decent.

Additionally, if you are over 35 we suggest, but do not require, you have your fertility hormones checked (LH, FSH, progesterone & estradiol), however this is between you and your health care provider.

OUR ULTIMATE GOAL IS HEALTHY MOMS AND HEALTHY BABIES

As is true with all sperm banks in California we operate under California safety regulations. Recipients must have the lab tests and physical exam completed **within one year prior** to their initial purchase of sperm. When all tests are done please send back the completed **RECIPIENT PROFILE** signed by your doctor or nurse practitioner with copies of all laboratory records, and a \$75 registration fee. All records will be kept confidential.

The **PARTNER PROFILE** should be filled out by your partner (if applicable) and sent back with your other paperwork.

The **CONTRACT** should also be signed and returned. Please keep a copy for yourself.

The third step is picking a donor. This can be an exciting and challenging part of the process. Our most current donor list can be found on our web site. Please order detailed donor profiles at any time so you can make an informed choice. We are a very small operation and have gotten to know our donors as they’ve come in for weekly deposits. Therefore we can enhance the information on Donor Profiles with our impressions and give you a more personal feel for who he is. Please call us or email us if you have any questions. If you have *many* questions and/or very involved questions please call as it is not always possible to write an adequate answer via email.

Finally, once your registration is complete and you have chosen a donor, you can purchase semen. Ovulation Predictor Kits are available over the counter at most pharmacies and indicate you will be ovulating in 24-36 hours. If you are having difficulty determining when you will be ovulating you should consult your health practitioner. If you live in the San Francisco Bay Area you can consult with Maia Midwifery & Preconception Services. On the morning your test turns positive you must call 510-521-7737 **before 9 AM Pacific Time** to arrange for a pick-up, insemination or overnight shipment via FedEx. We accept checks or credit cards.

WE LOOK FORWARD TO HELPING YOU BRING CHILDREN INTO YOUR FAMILY

**RAINBOW FLAG HEALTH SERVICES
933 B CENTRAL AVE.
ALAMEDA, CA 94501**