

## INSTRUCTION PAGE FOR REGISTRATION IN DESIGNATED DONOR PROGRAM

Welcome to Rainbow Flag Health Services. Below are instructions on how to register and begin the designated donor process.

Download, complete and return the following four documents: **RECIPIENT PROFILE**, **PARTNER PROFILE** (if applicable), the **DESIGNATE DONOR'S PROFILE** and the **DESIGNATED DONOR CONTRACT**.

The **RECIPIENT & DESIGNATED DONOR PROFILES** should be filled out by you and your health practitioners. The first four pages are about your general and medical background. The **last three pages** need to be filled out by your doctor or nurse practitioner. Many doctors may not wish to run a particular test because they may not believe it is necessary, however **all tests on page seven MUST be completed**. The only two exceptions are toxoplasmosis and the last four tests, which are genetic screening tests. The genetic screening must be done only if you are a member of that ethnic group:

- Alpha-thalassemia for Southeast Asians and Filipinos
- Beta-thalassemia for those of Mediterranean decent
- Sickle cell disease for Africans and African-Americans
- Tay-Sachs for Jews or those of Jewish decent.

For women only, toxoplasmosis is “suggested” but not required as noted. If you own cats you should speak with your health practitioner about this. Additionally, if you are over 35 we suggest, but do not require, you have your fertility hormones checked (LH, FSH, progesterone & estradiol), however this is between you and your health care provider.

### OUR ULTIMATE GOAL IS HEALTHY MOMS AND HEALTHY BABIES

As is true with all sperm banks in California we operate under California safety regulations. Recipients and Donors must have the lab tests and physical exam completed **within one year prior** to your initial purchase of sperm. When all tests are done please send back the completed **RECIPIENT & DESIGNATED DONOR'S PROFILES** signed by your doctor or nurse practitioner with copies of all laboratory records, and a \$75 registration fee. All records will be kept confidential.

Rainbow Flag Health Services can do the history, physical and laboratory tests on either the Donor and/or Recipient, which are required. We can also provide you with the appropriate counseling you may need about known donor insemination situations and about safer sex practices.

The **PARTNER PROFILE** should be filled out by your partner (if applicable) and sent back with your other paperwork.

The **CONTRACT** should also be signed the Recipient & Donor and returned. Please keep a copy for yourselves.

Once we have reviewed and approved all the forms, inseminations can begin. Ovulation Predictor Kits are available over the counter at most pharmacies and indicate you will be ovulating in 24-36 hours. If you are having difficulty determining when you will be ovulating you should consult your health practitioner. If you live in the San Francisco Bay Area you can consult with Maia Midwifery & Preconception Services. On the morning your test turns positive you must call 510-521-7737 **before 9 AM Pacific Time** to the time of insemination. We accept checks or credit cards.

### WE LOOK FORWARD TO HELPING YOU BRING CHILDREN INTO YOUR FAMILY

**RAINBOW FLAG HEALTH SERVICES  
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